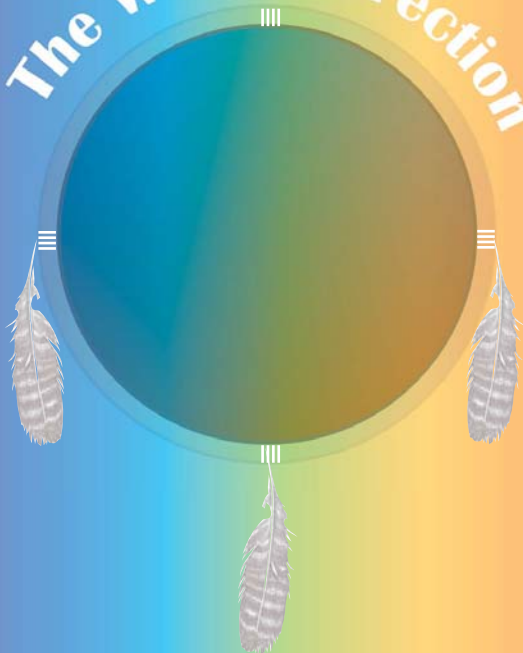


# The Within Direction



## The Within Direction

### Internal Family Systems (IFS<sup>SM</sup>) Sampler

*An invitation for those who travel  
back and forth between Native  
American worlds and the IFS world*

**Block of four IFS Sampler Days  
in Madison, Wisconsin**

**March 8**

**April 5**

**May 3**

**& June 7, 2008**

### **Native American Special Focus**

- >> Reclaim parts of ourselves lost in historical disconnects.**
- >> Restore centeredness and groundedness with inner  
Compassionate Witness and attention to right relationship.**
- >> Re-source your Self in Beauty by bringing Native American  
images, sounds, and arts to the IFS model.**

Experience this course of four days over a four month period to sample IFS practice with others. The IFS Model is a therapeutic path to cultural re-empowerment through The Within Direction. Transgenerational (historic) post-traumatic stress disorder (PTSD) can be faced and shifted by accessing the time-free territory of the inner world. Amplify skills through lecture, talking circle, and experiential connections. A setting of traditional Native American images, sounds, and arts will support the work. Cultivate the healing practice of Compassionate Witness in this IFS sampler.

**IFS Sampler Staff: Suzan McVicker, MA, LPC, IFS Trainer  
Janice Campanelli, RN, LPC, PhD (candidate)**

**Cost: \$195 includes Four Days of Training (1 day per month - 10am to 4pm Saturdays)  
\$95 for students. No charge for graduates of IFS training.**

**EARLY BIRD Discount \$180 (\$90 for students) if received by February 14, 2008**

**To apply complete application form below or [www.thewithindirection.com](http://www.thewithindirection.com)**

**Contact Suzan McVicker, MA, LPC 608.255.9119 x3 [suznews@chorus.net](mailto:suznews@chorus.net)**